

Southeastern Swim Club & Mt Vernon Swim Team

HONOR CODE

The following code is in effect throughout the year. Most of the items refer specifically to team travel. Additionally, anyone, who in the opinion of the coach or coaches, acts in a manner that would interfere with the travel objectives listed below, will be subject to return home (**at the expense of the parent and/or swimmer**) and other punishments including barring from future travel meets or other competition or dismissal from the team.

SSC/MTV will seek out of town swimming for the following reasons:

- A) Different individual competitions; and/or higher quality of competition;
- B) An opportunity to conduct a training trip;
- C) Experience in prelim/finals competition;
- D) Conditions conducive to exceptional performances.

1. SSC/MTV may travel as a team to these meets, and everyone is expected to behave in an exemplary manner. The reputation of SSC/MTV, as well as other athletes with you, is dependent on your behavior.
2. The coaching staff holds the final word on any rules, regulations, or disciplinary action.
3. The consumption of alcohol, smoking or chewing tobacco, or use of any other illegal drug or substance of any kind will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments and probable expulsion from SSC/MTV. Any swimmer suspected of such activity will appear before a review committee composed of the head coach, one assistant coach, the club president, and two other SSC/MTV board members.
4. At no times will male and female athletes be in the same room together with the door closed. This applies to SSC/MTV members or members of any other team.
5. No team meetings may be missed. Be punctual to all meetings and warm-up times.
6. No team member may be out of his or her room after the assigned bedtime. Permission must be obtained from the coach to leave the room past this time.
7. Any damages or thievery incurred at a motel will be at the expense of the swimmers assigned to that room and further disciplinary action will be taken. No loud or boisterous behavior will be tolerated in the hallways or public areas, and such behavior will be kept to a minimum in your rooms. Make all long distance calls on a credit card or collect.
8. All team members will be polite in restaurants. Leave a 20% tip. If there has been a problem with the service, see the coach.
9. Agree to follow the rules about practice and meet behavior in the team handbook.

I recognize my responsibility to abide by the rules and requirements of the SSC/MTV I am representing, and I acknowledge that I have received and read such.

Swimmer _____ Dated _____

Parent _____ Dated _____