

**FISHERS AREA SWIMMING TIGERS
THE 2010 VALENTINES INVITATIONAL
PRELIMINARIES & FINALS, FEBRUARY 19-21, 2010**



- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN10033.
- HOST:** Fishers Area Swimming Tigers, P.O. Box #453, Fishers, Indiana 46038
- POOL:** Fishers High School Aquatic Center
13000 Promise Road
Fishers, Indiana 46038
- FACILITY:** Competition Pool: Two 25-yard pools with ten-7.5-foot wide lanes each with non-turbulent lane markers. We will run one 10-lane 25-yard course for competition and the other will be used for warm-down. If necessary, FAST reserves the right to use the other 10-lane 25-yard course for selected events prelim sessions. A Daktronics 2000 Time System will be used. In the event of circumstances necessitating changes during the meet, information will be updated on the FAST website at www.fasttigers.com. Balcony spectator seating is available.
- PARKING:** Free parking will be available in the lots adjacent to the Fishers HS Aquatic Center.
- RULES:** Current USA Swimming and Indiana Swimming rules will govern the meet. Please pay special attention to rule 202.3.2 that states, "At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the member in making arrangements for such supervision.
- ELIGIBILITY:** Age as of February 19, 2010 shall determine the age for each swimmer entered into the meet. All swimmers must be registered with USA Swimming. These registration numbers must accompany entry. Coaches must constantly display their USA Swimming coach credential to gain deck access. The meet referee or meet director reserves the right to ask for coach credential display and/or deny access if the coach does not comply.

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MEET FORMAT: All Friday PM events are timed finals events. On Saturday and Sunday, all relays and all 8-Under and 10-Under events will be swum as timed finals in prelims.

The Open 1650 Freestyle events will be swum as timed finals on Saturday. The top-10 seeded swimmers, after scratches, will automatically swim at night in finals. The remaining heats will be contested in prelims and swum fastest to slowest and alternating women & men depending on the number of heats of each.

The Open 1000 Freestyle events will be swum as timed finals on Sunday. All heats will be contested in prelims and swum fastest to slowest and alternating women & men depending on the number of heats of each.

The Fishers Area Swimming Tigers reserves the right to **limit the number of heats in all individual timed finals events to keep the time line manageable.** There will be refunds for all swimmers that get cut out of events.

All 1650 Freestyle and 1000 Freestyle swimmers are required to provide one timer and one lap counter.

Preliminaries will be conducted on Saturday and Sunday mornings for 11-12, 13-14 & Open events. There will be consolation and championship finals heats (top-20) on Saturday and Sunday for the 11-12, 13-14 & Open age groups. **All relays, Open 1000 Free and all 8-Under and 10-under events will swim as timed finals events in prelims.** The Open 1650 Freestyle will swim in prelims, with the top-10 fastest seeded swimmers swimming in finals.

If a swimmer misses their event, they will be declared a “no show” and will not be placed in any other heat to make-up the swim.

Fishers Area Swimming Tigers reserves the right to use “fly-over” starts for all events.

**POSITIVE
CHECK-IN:**

Positive check-in means, “I am here and I intend to swim this event.” **ALL EVENTS will require a positive check-in.**

The positive check-in deadline will be 45 minutes before the start of each session. There will not be a positive check-in for Saturday and Sunday finals.

Positive check-in sheets will be located at the security tables as you enter the pool area from the lobby on the deck level. All swimmers not declaring intent to swim via positive check-in will be scratched.

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- ENTRIES:** Enter each swimmer with their full first name, last name, age and USA Swimming number on the entry. All times must be submitted in **SHORT COURSE YARDS TIMES AND COMPLETED TO THE HUNDRETH OF A SECOND. CONVERTED TIMES MUST USE THE HY-TEK TIME CONVERTER.**
- Each swimmer in the 11-12 13-14 and Open age group will be limited to three (3) individual events and one (1) relay per day. Each swimmer in the 8-Under and 10-Under age groups will be limited to five (5) individual events and one (1) relay per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be NO refunds.
- FAST reserves the right to determine which entries to accept. Among the items FAST will consider when making these determinations are: teams will not be broken, number of officials and volunteers provided by the team, balance of age group and gender in entry, level of competition and geographic location.
- The Fishers Area Swimming Tigers reserves the right to **limit the number of heats in all individual timed finals events to keep the time line manageable.** There will be refunds for all swimmers that get cut out of events.
- EVENT SEEDING:** All events 200 Yards and under will be pre-seeded. There will be a positive check-in for all events that are 400 yards and over. Check-in will close 45 minutes before the session start time.
- ENTRY FEES:** All entry fees must be paid by Friday, February 5, 2010. Please make check payable to: **FISHERS AREA SWIMMING TIGERS.** The individual events that are timed finals (8-Under, Friday Night & Timed Finals Distance Events) are \$4.00. The individual events that are prelims/finals are \$5.00 per event.
- There is also a \$1.50 per swimmer, per meet, Indiana Swimming surcharge which must accompany entry.
- Mail entries and fees to the Entry Chairperson:
Ken Stopkotte
P.O. Box #453
Fishers, Indiana 46038
(317) 664-1608
(317) 570-7946
Email: kstopkotte@aol.com
- DECK ENTRIES:** Will be accepted if the meet is not filled on ONLY as NEW ADDITIONS; CHANGES WILL NOT BE ACCEPTED. Entry fee for deck entries are \$10.00 per individual event.

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DEADLINE: We expect this meet to fill up very quickly. **Entries will be accepted immediately. The final entry date for entries to be received is 5:00 PM ET on Friday, February 5, 2010 or when the meet is full, whichever is later. Teams not accepted will have their entries returned as soon as possible, but no later than by Saturday, February 6, 2010 via email or US Postal depending on the form of entry.**

Any accepted team entries may be updated until midnight on Monday, February 15, 2010. Updated times must be received via email. **NO PHONE UPDATES WILL BE ACCEPTED.**

The entry deadline will be extended if the meet is not full. Email confirmation of receipt will be returned. All email entries must be followed by a paper entry and check for entry fees. Please make your check payable to Fishers Area Swimming Tigers and enclose it in your entry. The meet will be run using Hy-Tek Meet Manager computer program (do not forget to "age up" swimmers to February 19, 2010).

A printed copy of your meet entries must follow your submission of your entries via email. **In all cases, the printed copy is the final word in any disputes involving entries.** Entries not submitted via email in Hytek format will be subject to a \$50.00 data processing fee.

A psych sheet will be posted on the Fishers Area Swimming Tigers website (www.fasttigers.com) after the close of entries.

FINAL RESULTS: One complimentary copy will be provided to every club with five or more swimmers. Extra copies may be ordered at the meet for \$8.00. Final results will also be posted on the FAST website at www.fasttigers.com.

AWARDS:

- Custom medals will be awarded for 1st through 3rd place finishers in all individual events. Ribbons will be awarded for 4th through 10th place finishers in all individual events and 1st through 3rd place finishers in all relay events.
- Team awards will be presented for 1st place and 2nd place visiting teams.
- High point award (winner & runner-up) in each age group (8-Under, 10-Under, 11-12, 13-14 and Open)
- **AWARDS WILL NOT BE MAILED.**

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SCHEDULE: (All Times Are Eastern Daylight Time)

Friday

10-Under, 11-12, 13-14 & Open Age Groups

Warm-Up @ NOT BEFORE 4:00 PM

Meet Starts @ NOT BEFORE 5:00 PM

Saturday & Sunday

11-12, 13-14 & Open Age Groups

Prelims Warm-Up @ Not Before 6:30 AM

Prelims Start @ Not Before 8:00 AM

Finals Warm-Up @ Not Before 4:30 PM (Sunday @ Not Before 4:00 PM)

Finals Start @ Not Before 5:30 PM (Sunday @ Not Before 5:00 PM)

8-Under & 10-Under Age Groups

Prelims Warm-Up @ Not Before 12:00 Noon

Prelims Start @ Not Before 1:00 PM

Finals Warm-Up @ Not Before 4:30 PM (Sunday @ Not Before 4:00 PM)

Finals Start @ Not Before 5:30 PM (Sunday @ Not Before 5:00 PM)

**CLERK OF
COURSE:**

There will be a Clerk of Course located on deck for all 8-Under events. Lane assignments will be posted at various points around the pool. We highly encourage coaches to cover check-in, scratch and meet procedures with their new swimmers and parents. **ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK.** This is an insurance requirement of USA Swimming.

CONCESSIONS:

Concessions will be available at the concession stand on the first level just across the entrance to the basketball arena. **ABSOLUTELY NO SMOKING IS PERMITTED IN THE BUILDING.**

ADMISSION:

An admission of \$3.00 per person for each session will be charged. There will also be an all-session wristband sold for \$12.00. Children 10-under are free.

HEAT SHEETS:

Heat sheets will be available for purchase by spectators.

WARM-UPS:

Lanes for warm-ups will be assigned. Check the website at www.fasttigers.com and your coach's packet.

**MEET
DIRECTOR:**

Shawn & Sara Curran
14239 Nolan Drive
Fishers, Indiana 46038
(317) 773-4376
(317) 502-3360
Email: curranfishers@yahoo.com

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MEET REFEREE: Clay Summers
7585 Timber Springs Dr. South
Fishers, Indiana 46038
317-842-7793
317-902-2876
csummers@iquest.net

OFFICIALS: The FAST will need the help of your **USA Swimming Officials**. If you have a member that is in charge of your officials, please provide his/her name & email address on the entry summary form where requested.

USA SWIMMING SUIT RULES: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

FACILITY NOTE: The Fishers High School Aquatic Center is one of the most beautiful high school facilities in the USA. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

1. Keep all trash picked up (swimmers and teams in particular).
2. Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas. Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!**

The Fishers Area Swimming Tigers will have security people roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

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FRIDAY, FEBRUARY 19, 2010

Girls Event #	Evening Session Warm-Up @ Not Before 4:00 PM/Meet Starts @ Not Before 5:00 PM	Boys Event#
1	10-Under 200 Individual Medley	2
3	11-12 200 Individual Medley	4
5	13-14 400 Individual Medley	6
7	Open 400 Individual Medley	8
9	10-Under 200 Freestyle	10
11	11-12 500 Freestyle	12
13	13-14 500 Freestyle	14
15	Open 500 Freestyle	16

SATURDAY, FEBRUARY 20, 2010

Girls Event #	Morning Session Warm-Up @ Not Before 6:30 AM/Meet Starts @ Not Before 8:00 AM	Boys Event#
17	11-12 50 Freestyle	18
19	13-14 50 Freestyle	20
21	Open 50 Freestyle	22
23	11-12 50 Breaststroke	24
25	13-14 200 Breaststroke	26
27	Open 200 Breaststroke	28
29	11-12 100 Backstroke	30
31	13-14 100 Backstroke	32
33	Open 100 Backstroke	34
35	11-12 50 Butterfly	36
37	13-14 200 Butterfly	38
39	Open 200 Butterfly	40
41	11-12 200 Freestyle	42
43	13-14 200 Freestyle	44
45	Open 200 Freestyle	46
47	Open 1650 Freestyle	48

Girls Event #	Afternoon Session Warm-Up @ Not Before 12:00 Noon/Meet Starts @ Not Before 1:00 PM	Boys Event#
49	8-Under 25 Freestyle	50
51	10-Under 50 Freestyle	52
53	8-Under 25 Breaststroke	54
55	10-Under 50 Breaststroke	56
57	8-Under 50 Backstroke	58
59	10-Under 50 Backstroke	60
61	8-Under 50 Butterfly	62
63	10-Under 100 Butterfly	64
65	8-Under 100 Freestyle	66

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SUNDAY, FEBRUARY 21, 2010

Girls Event #	Morning Session Warm-Up @ Not Before 6:30 AM/Meet Starts @ Not Before 8:00 AM	Boys Event#
67	11-12 100 Individual Medley	68
69	13-14 200 Individual Medley	70
71	Open 200 Individual Medley	72
73	11-12 100 Breaststroke	74
75	13-14 100 Breaststroke	76
77	Open 100 Breaststroke	78
79	11-12 100 Butterfly	80
81	13-14 100 Butterfly	82
83	Open 100 Butterfly	84
85	11-12 100 Freestyle	86
87	13-14 100 Freestyle	88
89	Open 100 Freestyle	90
91	11-12 50 Backstroke	92
93	13-14 200 Backstroke	94
95	Open 200 Backstroke	96
97	Open 1000 Freestyle	98

Girls Event #	Afternoon Session Warm-Up @ Not Before 12:00 Noon/Meet Starts @ Not Before 1:00 PM	Boys Event#
99	10-Under 100 Individual Medley	100
101	8-Under 100 Individual Medley	102
103	10-Under 100 Backstroke	104
105	8-Under 25 Backstroke	106
107	10-Under 100 Breaststroke	108
109	8-Under 50 Breaststroke	110
111	10-Under 100 Freestyle	112
113	8-Under 50 Freestyle	114
115	10-Under 50 Butterfly	116
117	8-Under 25 Butterfly	118

General Information:

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of their team.
3. Only swimmers and coaches will be allowed in the deck area, except during the 1650 Free at which time a designated timer and counter will be allowed on deck to help with that event. There are two men's and two women's locker rooms on deck.

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Fee Summary

This summary form must be completed and returned with all entries by February 5, 2010. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **Fishers Area Swimming Tigers**
3. Computer disk enclosed unless sent via email (must still include printed copy)
4. This summary form, completed

Mail all of the above to:

Ken Stopkotte
P.O. Box #453
Fishers, Indiana 46038
(317) 664-1608
Email: kstopkotte@aol.com

Club _____ Club Code _____

Number of swimmers entered: Boys _____ + Girls _____ = Total _____

Number of swimmers entered: Indiana Swimming Surcharge _____ @ \$1.50 = \$ _____

Number of prelims/finals individual entries _____ @ \$5.00 = \$ _____

Number of timed finals individual entries _____ @ \$4.00 = \$ _____

TOTAL AMOUNT ENCLOSED = \$ _____

Club official submitting entry:

Coaches Names:

Name: _____

Address: _____

City: _____

State, Zip: _____

Telephone: _____

Email: _____

Please indicate the preferred manner of receiving final results:

_____ Hard Copy

_____ Meet Manager Backup (Emailed)

_____ Team Manager .cl2 file (Emailed)

_____ All of the above

Email address to send above to: _____

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Visiting USA Swimming Officials Sign-Up

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

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Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

Name: _____

Phone & Email (If Known): _____

Sessions: Friday PM____ Saturday AM____ Saturday PM____ Saturday 1650____ Sunday AM____ Sunday PM____

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Release & Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Fishers Area Swimming Tigers, and its' Board of Directors, USA Swimming, Fishers High School and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Fishers Area Swimming Tigers, USA Swimming, and the Fishers High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2010

Signature of Club Official or Coach _____

Printed Name of Club Official or Coach _____

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Fishers Area Hotel Information

The town of Fishers has a number of excellent hotels within 15 minutes from the pool. Contact the hotels for rates and availability.

Hampton Inn & Suites 11575 Commercial Drive Fishers, Indiana 46038 317-913-0300 2.6 Miles From Pool	Cambria Suites 13500 Tegler Drive Noblesville, Indiana 46060 317-773-4970 3.5 Miles From Pool	Holiday Inn 9780 North By NE Boulevard Fishers, Indiana 46037 317-578-9000 4.4 Miles From Pool
Hotel Indigo 9791 North By NE Boulevard Fishers, Indiana 46037 317-558-4100 4.4 Miles From Pool	Staybridge Suites 9780 Crosspoint Boulevard Indianapolis, Indiana 46256 317-577-9500 4.4 Miles From Pool	Marriott Spring Hill Suites 9698 Hague Road Indianapolis, Indiana 46256 317-708-5341 4.4 Miles From Pool
Residence Inn By Marriott 9765 Crosspoint Boulevard Indianapolis, Indiana 46256 317-842-1111 4.4 Miles From Pool	Holiday Inn Express 9790 North By NE Boulevard Fishers, Indiana 46037 317-578-2000 4.4 Miles From Pool	Hilton Garden Inn 9785 North By NE Boulevard Fishers, Indiana 46037 317-577-5900 4.4 Miles From Pool
Comfort Inn & Suites 9760 Crosspoint Boulevard Fishers, Indiana 46256 317-578-1200 4.4 Miles From Pool	Fairfield Inn & Suites 17960 Foundation Drive Noblesville, Indiana 46060 317-776-9900 5.0 Miles From Pool	Candlewood Suites 8111 Bash Street Indianapolis, Indiana 46250 317-595-9292 7.5 Miles From Pool
Hampton Inn 6817 East 82 nd Street Indianapolis, Indiana 46250 317-576-0220 7.5 Miles From Pool	Hilton Hotel 8181 North Shadeland Avenue Indianapolis, Indiana 46250 317-849-6668 7.5 Miles From Pool	Quality Inn & Suites 16025 Prosperity Drive Noblesville, Indiana 46060 317-770-6772 4.0 Miles From Pool